

# 2025 Term 3

Monday 25<sup>th</sup> August to Thursday 9<sup>th</sup> October

Classes off over Sep weekend 26-29th

## Programme structure:

The programme will follow four main strands;  
PRESCHOOL // CLUB // TEAM // INVITE

**PRESCHOOL:** fun games developing ABCs and sending/receiving skills

**CLUB:** for players playing predominately at the club, focus on having fun and developing the basics of the game.

**TEAM/INVITE:** for players playing more than once a week at the club, competing locally and willing to represent the club in local leagues.

**COMPETE/INVITE:** for players committed to training and competing regularly, in the frame for county selection and/or national activity.

These strands will allow us to group players together with others of similar age and ability, tailoring sessions to deliver what is needed in each environment. There may be some cross over between strands at certain age groups.

If you are unsure where you should book in, a member of the coaching team will be happy to assist.



# R.A.L.L.Y

## STEEL TENNIS X NEWLANDS LTC MISSION, VISION AND VALUES

### MISSION:

To create a supportive and inspiring environment where players of all ages and abilities are encouraged to respect one another, strive for personal growth, work as a team, and always give their best - on and off the court.

### VISION:

To be a leading tennis programme that develops not just skilled players, but respectful, resilient, and engaged individuals who carry the values of teamwork, effort, and integrity into every aspect of their lives.

### VALUES:

#### R. RESPECT

Respect everyone, on and off the court.

#### A. ATTITUDE

Positive attitude with the aim of improving every day.

#### L. LEARNING

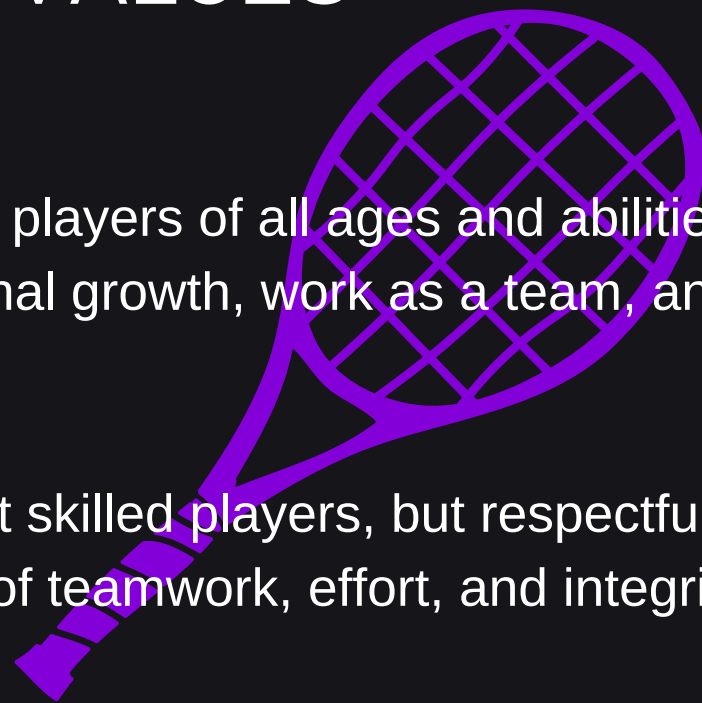
Listen and learn from coaches and teammates.

#### L. LEADERSHIP

Lift each other up - we are a team.

#### Y. YOUR BEST

Your best is always enough.



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## PRESCHOOL PROGRAMME:

Fun games developing ABCs and sending/receiving skills.

## PRESCHOOL CLASSES:

TUESDAY 10-1030AM TOTS

WEDNESDAY 2-230PM TOTS

FRIDAY 230-3PM TOTS\* (AFTER OCT HOLIDAYS)

SUNDAY 9-930AM PARENT & CHILD

All equipment is provided.

Parents on court during Parent & Child sessions  
and may be asked to assist during Tots sessions.



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## CLUB PROGRAMME:

For players playing predominately at the club, focus on having fun and developing the basics of the game.

## CLUB CLASSES:

MONDAY 530-630PM CLUB 10+ GIRLS ONLY

TUESDAY 330-415PM CLUB 4-6 years (\*must be at school)

TUESDAY 515-6PM CLUB 7-9 years

WEDNESDAY 4-5PM CLUB 10-14 years

WEDNESDAY 5-630PM CLUB 13+ years

FRIDAY 4-5PM CLUB 8-10 years

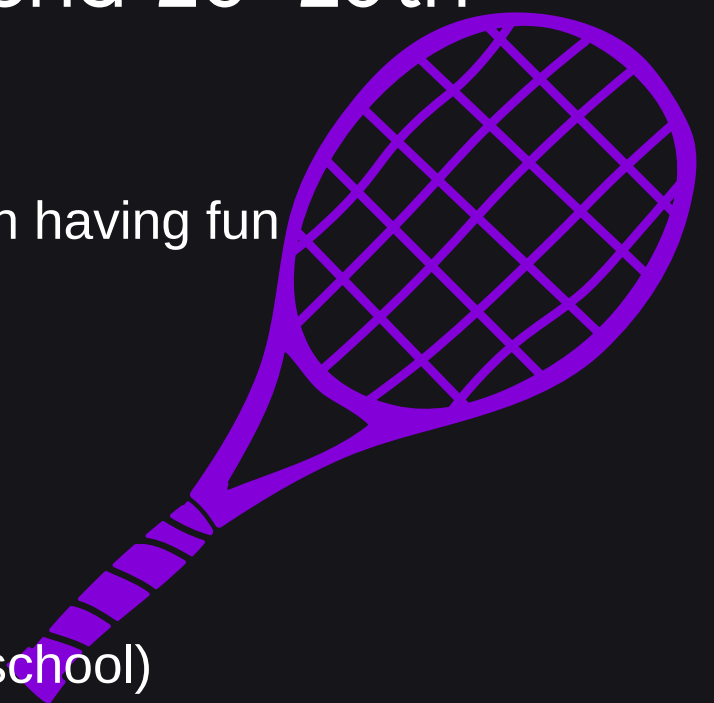
FRIDAY 5-6PM CLUB 5-8 years

SUNDAY 930-1030AM CLUB 4-6 years (\*must be at school)

SUNDAY 1030-1130AM CLUB/TEAM 6-8 years

SUNDAY 1130-1230PM CLUB 9-11 years

SUNDAY 1230-130PM CLUB 11+ years



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## TEAM PROGRAMME:

for players playing more than once a week at the club,  
competing locally and willing to represent the club in local leagues.

**Please note these classes are by invitation only\***

## TEAM CLASSES:

MONDAY 5-7PM TEAM 12+ years

MONDAY 530-630PM TEAM 10-13 years

TUESDAY 415-515PM TEAM 8-9 years

TUESDAY 530-7PM TEAM 10+ years

WEDNESDAY 430-530PM TEAM 6-8 years

WEDNESDAY 630-8PM TEAM 12+ years

THURSDAY 4-530PM TEAM 10+ years

THURSDAY 430-530PM TEAM 8-9 years

SUNDAY 1030-1130AM CLUB/TEAM 6-8 years



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## COMPETE/INVITE PROGRAMME:

For players moving from mini to junior tennis (around 10 years old), committed to training and competing regularly, in the frame for county selection and/or national activity.

**Please note these classes are by invitation only\***

## INVITE CLASSES:

Please speak to a member of the coaching team in person before signing up to any of these classes. On occasion, the cost of these sessions may be higher to cover the smaller coach:player ratio.

Sessions will vary depending on the time of year and how many players at each age group.

To arrange a trial for these sessions, please contact [steeltennis@newlandsltc.co.uk](mailto:steeltennis@newlandsltc.co.uk), detailing your child's DOB, playing experience and recent competitive profile.

